

2019 T-Ball Rules

QC Heat follows 2019 Little League Softball rules. The following rules are in addition to or a modification to Little League Softball rules.

1. All teams will bat a continuous line up.
2. Girls will stay on the base even when they are out.
3. All girls must wear a helmet when they have a bat in hand.
4. There will be no warm up swings at any time on the sidelines or behind the backstop.
5. All girls will play in the field at all times.
6. You must rotate through positions from inning to inning.
7. Games will go 1 hour and 15 minutes or 3 innings, whichever comes first.
8. The Home team is required and designated with both the set up and pick up of the field. The Visiting team is responsible for the cleanup of the stands and the dugouts after the game. Please be aware of teams before and after your games.
9. Bases will be set at 35 ft apart.